



# Shepherd Care<sup>®</sup>

*To Care for People Where They Live and Work*

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## COMMUNITY Care TOPIC

### **Attitude is Everything**

It has been said that “Our attitude determines our altitude.” Here are some keys for a healthy outlook in life.

#### **Attitude Keys**

- Success Begins with a Healthy Attitude- So begin today!
- Your Attitude is Your Window to the World- Worry about your own attitude before you worry about neighbor or co-worker’s attitude. Your attitude can cause you to always see the negative and never the positive in a situation. Is the glass half empty or half full?
- You a Human Magnet- Are you attracting or rejecting the positive by your attitude? Who wants to be around sour-puss?!
- Make a Commitment...and You'll Move Mountains- Turn your problems into opportunities. Encourage yourself. You can accomplish great things!
- Watch Your Words- Are you “building up” or “tearing down” with your words?
- How You Do it- How are you living and acting when people are looking *and* not looking? Do the ends justify the means?

- How Do You Deal with Pressure- Are you exhibiting grace under pressure and when you are adjusted or corrected?

- Talk to Someone- there is wisdom in counsel. A friend can support and comfort in our times of need.

- Judgments- Be careful of judging other’s by your intentions and their actions. Remember that they have intentions also.

Some excerpt selections from: Jeff Keller, “Here’s to Your Success- Attitude is Everything”

Introducing your Community Chaplain  
**Eric Kieselbach**  
(pronounced “key-sill-baa”)

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“Don’t find fault.  
Find a remedy.”

**Henry Ford**

“A merry heart  
doeth good like a  
medicine: but a  
broken spirit drieth  
the bones.”

**Proverbs 17:22**

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